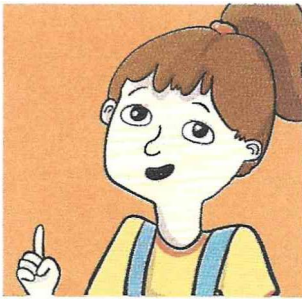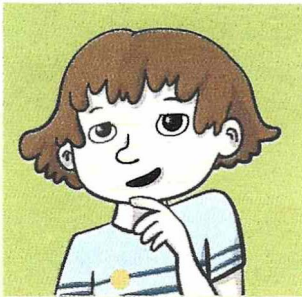# And what do Religions say about peace?

Blessed are those who bring about peace!
My Religion is "Christianity". This Religion is about 2000 years old.
All Christians are supposed to work for a peaceful world. Jesus even said: "Love your enemies!"

Be kind and peace-loving!
My Religion, "Buddhism", is a very old Religion. It is about 2500 years old.
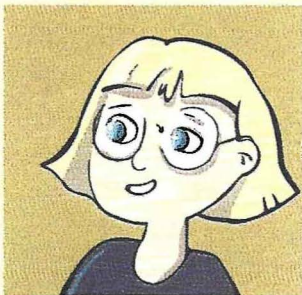Buddhists are not supposed to harm, hurt or kill any living being. That is the reason why many Buddhists don't eat meat.

Salam aleikum - Peace be with you!
My Religion is about 1400 years old. It is called "Islam". That means "dedication to God".
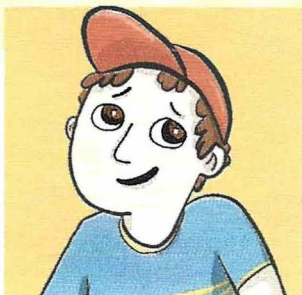The Prophet Mohammad taught: "A Muslim is someone whose hand and tongue are no threat to anybody."

Shalom - Peace be with you!
"Judaism" is my Religion. It is about 3500 years old.
In the Ten Commandments in the Thora it says: "Do not kill".

Treat everybody the way you would like to be treated yourself!
I don't believe in God. All people can live in peace if everyone sticks to that rule.

This is a translated excerpt from our schoolbook: "alle zusammen", 123